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The Degree of Need for Counseling Services for Families with Disabilities in Kuwait City From The Point of View of Mothers

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Abstract. The study aimed to measure the degree of need for counseling services for families with disabilities in Kuwait City from the mothers' point of view, and to measure the statistically significant differences at the significance level ($\alpha 0.05 \geq$) in the average degree of need for counseling services for mothers with disabilities in Kuwait attributed to (type of disability, level of mother's education) and relied on the descriptive correlative approach, and the study community consisted of mothers of individuals with needs in Kuwait City, and the size of the study community of mothers in the two cities for children in rehabilitation centers for the disabled is about (220) mother . The study showed a high degree of need for counseling services for families of people with disabilities, and the presence of statistically significant differences in the degree of cognitive needs and the degree of need for social support due to the difference in the type of disability, and the absence of differences in the degree of counseling needs due to the difference in the level of mother's education, in light of The results of the study recommend conducting more studies related to the counseling needs of families with special needs in Kuwait, and studying the reasons for the poor availability of psychological counseling services needed by mothers.

Keywords. the need for counseling services, families of people with disabilities, mothers

Introduction

Family counseling is considered one of the delicate disciplines, as it has taken great interest in the world, and life developments, natural disasters, wars, and population density have contributed to causing complications in life, and then to destabilizing the family in one way or another, until the families of the modern era were characterized by disintegration compared to past eras, This has caused problems that were not known in the old societies, and psychological and social problems have also spread, and some conservative societies have tried to hide them or reduce their danger, which confirms the urgent need for the necessity of having family counseling centers and services, as the family is the first nucleus of society, It is in which the members of the community and its leaders are brought up and brought up. If this nucleus is not given the necessary care and attention, how will the fate of the future generation of the sons and daughters of the community be, and when family counseling worked on directing family members and guiding them to the optimal methods in dealing with the difficulties and problems

they face, and raising awareness They have about their personal and family rights and duties, as well as raising awareness of the importance of family planning and developing scientific knowledge in the field of family and behavioral problems in terms of their extent and ways to confront and prevent them (Alaween and Matalqa, 2010).

Family counseling is a process of assisting family members (parents, parents, and even second-degree relatives or those surrounding the case), in various individual or collective ways that help in understanding family life and its responsibilities, and how to achieve the best life for it, to achieve stability and family harmony, and to solve family problems (Zahran, 2005).

Family counseling is the therapeutic approach that takes the family as a starting point, as it helps families to accept the condition of disability and adapt to it, relieve or remove the state of tension and depression, and works to achieve family happiness and stability. Therefore, counseling services must go hand in hand with educational and rehabilitation services. Counseling is an important part of the comprehensive education process that helps the person to face and solve problems. Through counseling, parents can be familiarized with the nature and characteristics of disability, and they can also be helped to face their negative feelings through their participation in responsibility for their child and find practical solutions to the problems they face. (barrow,2003).

He was born (Noojin and Wallender, 2004) A relationship between mothers with disabled children's lack of problem-solving skills and their depressive behaviour. Also, mothers who have negative knowledge about problem-solving skills have poor motivation, and face continuous difficulties due to their anxiety and tension, which can constitute an obstacle to their abilities to take care of their disabled children. They may lead to the development of a disabled child becoming at risk (Bukhari, 1422 AH: 146).

Study Problem:

Having a disabled child in the mother's life and raising him is the beginning of a severe series of pressures and challenges, as many hopes and expectations associated with the disabled disappear, so we find that the greatest burden falls on the mother alone, which requires the development of her psychological toughness to face the difficulties of life and disability. The problems that low mothers face Psychological hardness in their inability to bear and deal with adversity and not adapt to the presence of motor disabilities for their children, In addition to the lack of support from others and confusion in decision-making, the availability of the appropriate environment and the appropriate counseling program contributes to modifying their behavior and trends. Thus, the problem of the current study crystallizes in the importance of preparing a counseling program for the development of psychological toughness for mothers of physically handicapped children with low psychological toughness, on scientific and methodological bases that take into account It includes the appropriate choice of activities and techniques that contribute to a high level of psychological hardness and are compatible with their limited capabilities and capabilities (Cristina. 2011)

Study questions: The study seeks to answer the following questions:

- The first question: What is the degree of need for counseling services for families of people with disabilities in Kuwait City from the mothers' point of view?
- The second question: Are there statistically significant differences at the significance level ($\alpha \leq 0.05$) in the average degree of need for counseling services for mothers with disabilities in Kuwait due to (type of disability, and level of education of the mother)?

the importance of studying: The importance of the study can be indicated in the following points:

- An increase in the number of disabled children who need services, as providing guidance programs to families helps them solve their children's problems.
- The effectiveness of training parents to use counseling methods not only reduces the severity of behaviors in families, but also helps them to adapt and communicate with others.
- The obvious lack of counseling services and collective counseling programs for families of the disabled in Kuwait.

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Objectives of the study:

The study aims to:

- Measuring the degree of need for counseling services for families of people with disabilities in Kuwait City from the mothers' point of view.
- Measuring statistically significant differences at the significance level ($\alpha \leq 0.05$) in the average degree of need for counseling services for mothers with disabilities in Kuwait due to (type of disability, and level of education of the mother).

Terminology of study:

Family Counseling: It is the process of helping family members (parents, children, and even relatives) individually or as a group, in understanding family life and its responsibilities to achieve stability and family harmony and solve family problems (Zahran, 2005).

The concept of guiding families with special needs: The concept of psychological counseling for parents of children with special needs and his family can refer to that process during which the counselor uses his experiences and professional competencies to help the parents and brothers of the child to be aware of their feelings towards him, understand and accept his condition, and develop and invest as much of their potential for growth, learning and change in acquiring The skills necessary to face the problems and pressures resulting from his presence in the family and to participate effectively in its integration, education and training, and fruitful cooperation with service-providing sources to achieve the maximum potential for growth and compatibility (Boalia and Ben Tisha, 2018).

Literature Review

(al araba, 2022) studied: Psychological counseling for families with special needs, If psychological counseling for families of normal children is a necessity, then it becomes more urgent for families of children with disabilities. This is due to the stressful conditions these families go through, and the emotional disturbances within them, such as tension, anxiety, anger, resentment, frustration, guilt, helplessness, lack of control, hopelessness and depression. Additionally, these families bear further burdens because of the intensive efforts required to care of the disabled child, and the exorbitant expenses to provide for his special needs and development requirements. This brings weaknesses in the family structure and the functioning of its system while trying to coexist with the atmosphere of a disabled child. Therefore, it is imperative to provide physical and moral support to these groups and their families through psychological counseling services. Accordingly, this study aims to highlight psychological counseling for families with special needs.

(Al-Fazaria and Al-Shorbagy, 2021) studied Counseling needs of university students with disability in Oman and its relationship to academic adjustment :a qualitative study ‘ Counseling needs play significant roles in the lives of university students. This is because

counseling needs could help students with their psychological stability and academic adjustment. Hence, addressing such topic among university students, especially those with disability, is the top priority. This study aimed at identifying the counseling needs among students with disability and addressing the differences between male and female disabled students in this regard. To achieve these aims, a qualitative approach of using in-depth interviews with 10 males and 8 females in Sultan Qaboos University was used. Findings of this study revealed that disabled students faced different psychological problems related to assignment submission, doing exams, and making friendships. The study further showed that they also had relationship problems with the academic and administration staff especially at the beginning of every academic semester. Results also showed that male and female disabled students shared similar counseling needs. Although the students valued the counseling services that are currently offered by the university, they thought that they were in need for more services as well, especially at the individual level

(Boualia and Ben Tisha, 2018). Studied : Counseling Services for Families of Children with Special Needs, Children with special needs represent a heavy financial and psychological burden on their families, as many families find themselves in a range of problems and disorders due to the presence of a disabled child, which helps them to overcome their disabilities and rehabilitate them as a useful individual in society. Therefore, the role of counseling as an entry point to intervene to protect children from loss and neglect, especially when it comes to parents of children with special needs, by providing the family and all its members with the information and experience and guidance that helps them to support their child in overcoming his disability, And support the family and guide them to overcome their problems and disorders on the other hand The importance of this paper is to highlight family guidance and its importance for the families of children with special needs, and to examine the quality of services provided to the family, and to examine the need for counseling services by parents with special needs.

(Al-Buhairi, Al-Fayoumi, Al-Mokadam, Mahmoud, 2014) studied , Psychological counseling needs of parents of people with mental disabilities and their relationship to gender, age, and level of disability for their children, This Study Aimed to identify the most important psychological counseling needs for parents of children with intellectual and Developmental Disorder (IDD), It also attempt to identify the effects of the variables: gender, age and severity of the disability. To verify that, the researcher developed a questionnaire consisted of (48) items designed specifically for the purposes of this study. Researcher derived validity and reliability significances of the study tool, then he distributed the questionnaire on the study sample which consists of (131) parents if children with intellectual disabilities. After the questionnaire has been applied and results were collected and data were analyzed, the study results are the following: The most important five psychological counseling needs for the parents of children with intellectual disabilities in descending order starting from the most important are need to handle objectively my concerns and worries about the future of my son I daughter who has a disability. need to overcome the constant fear that my son with a disability / daughter will be subjected to harm by others. need counseling about how to deal with the constant concern about my son's/daughter's health problems. need to express my feelings about the disability of my son / daughter. need counseling on how to handle with my tiredness and exhaustion due to continuous care of my son/ daughter with disability. There were no statistically significant differences., in psychological counseling needs due to the gender with intellectual disabilities (male / female). There were no statistically significant differences in psychological counseling needs due to the age group of people with intellectual disability. There were no statistically

significant differences between the counseling psychological needs due to the severity levels of intellectual disability.

What distinguishes the current study from previous studies:

The current study is distinguished from the previous studies that were presented in that it deals with the degree of need for counseling services for families with disabilities in Kuwait City from the mothers' point of view.

Method and procedure

Study Methodology: Since this study aims to measure the level of need for counseling services for families with disabilities in Kuwait from the point of view of mothers, the study relied on the descriptive, correlative approach.

Study Population: The study population consisted of mothers of individuals with special needs in Kuwait City, and the size of the study community of mothers in the two cities for children in rehabilitation centers for the disabled is about (220) mothers.

Study sample: The study sample was selected in a simple random way based on statistical tables, consisting of mothers who accompany their children with special needs in Kuwait City.

Table 1: Distribution of study sample members according to general characteristics

variable	Variable classes	number	percentage
Mother's educational level	less than secondary	20	%9
	secondary	55	%25
	BA	100	%46
	Postgraduate	45	%20
Total		220	%100
	autosomal	120	%55
	Mentality	30	%14
	audio-visual	70	%31
Total		220	%100

Study tool: To achieve the objectives of the study, a measurement tool was developed to measure the level of need for counseling services for families with disabilities in Kuwait from the mothers' point of view.

Validity of the tool: The validity of the study tool was verified by presenting it to a number of specialized arbitrators from specialized university professors in the College of Educational Sciences who are specialized in the field of general curricula, to ensure the integrity of the linguistic formulation of the paragraphs, and the degree of their suitability for the purposes of the study, in its initial form and in the light of the arbitrators' observations. The amendments were made in accordance with the observations agreed upon by the majority of arbitrators.

Statistical processing: The statistical analysis program (SPSS) was used to analyze and process the data, where the Cronbach Alpha coefficient was used to ensure the stability of the study tool by calculating the internal consistency of the study tool, and the use of simple statistical treatments represented by arithmetic averages and standard deviations to display the results of the study.

Presentation and discussion of the results: Results related to the first question: What is the degree of need for counseling services for families of people with disabilities in Kuwait City from the mothers' point of view? The arithmetic averages of the responses of the study's mothers on the scale of the need for counseling services for families with disabilities and the items formed for each dimension were extracted:

Table 2: Arithmetic averages and standard deviations of the responses of the study members to the dimensions of the need for counseling services for families with disabilities

No	The dimension	SMA	standard deviation	Rank	degree of need
2	financial support	3.80	1.12	1	High
1	Cognitive needs	3.72	1.09	2	High
3	social support	3.63	1.17	3	medium
Total Degree		3.71	1.12	---	High

It is noted from the data of Table No. (2) that there is a high degree of need for counseling services for families with disabilities and the total degree in general, where the total arithmetic mean was (3.71) with a standard deviation (1.12), and at the level of dimensions, the arithmetic averages ranged between (3.63-3.80). The needs for material support came in the first degree with an arithmetic mean (3.80) and a standard deviation (1.12), and in the second degree, the cognitive needs came with an arithmetic mean (3.72) and a standard deviation (1.09), and in the last degree social support came with an arithmetic mean (3.63) and a standard deviation (1.17), and the mother's need for psychological counseling services can be explained by the fact that the family with disabled children is exposed to multiple psychological tensions caused by social and economic factors, and the family often suffers from economic difficulties, due to the medical expenses that the disability requires, in addition to the mother's inability to go out To work, because of the attention and care that a disabled child requires, This varies with study results(chiu, Turnbull, Summers, 2013) studied , The results of the study indicated that the highest needs of Taiwanese families are hope, followed by services related to disability and the economic factor, and the least self-care and family resources, and this is consistent with the results of (Duchovic,et.al:2009) studied , Which indicated that parents' distress and distress are among the problems that parents face in dealing with people with disabilities.

The following are the results at the paragraph level for each dimension:

The need for financial support

Table 3: Arithmetic averages and standard deviations of the responses of the study members to the need for financial support

No	The dimension	SMA	standard deviation	Rank	degree of need
4	I need to have the appropriate financial support to meet the needs of a child with a disability.	3.87	1.30	1	High
2	Mothers of children with disabilities need financial support as a result of the requirements imposed by the disability	3.84	1.28	2	High
1	I need supportive centers that provide support services and educational aids.	3.79	1.21	3	High

3	I need to provide assistance means to facilitate the transportation of a child with disabilities from one place to another	3.60	1.43	4	medium
Total degree - need for financial support		3.77	1.30	---	High

It is noted from the data of Table No. (3) that there is a high degree of need for financial support for families with disabilities in general, as the total arithmetic mean was (3.77) with a standard deviation of (1.30), and at the level of the paragraphs of the dimension, the arithmetic averages ranged between (3.60-3.87), Paragraph No. (4) came in the first degree with an arithmetic mean of (3.87) and a standard deviation of (1.30) and states, "I need the appropriate financial support to meet the needs of the child with disabilities." In the second degree, paragraph No. (2) came with an average of (3.84) and a standard deviation (1.28) and stipulates that "mothers of children with disabilities need financial support as a result of the requirements imposed by the disability," while paragraph (3) came in the last degree in terms of need, with an arithmetic mean (3.60) and a standard deviation (1.43) and stipulates that "I need to provide means Help that makes it easier for me to move my child with disabilities from one place to another." This may be attributed to the fact that the family needs appropriate financial support to meet the needs of the child with disabilities, as a result of the daily requirements imposed by the disability on the disabled child and the family, in addition to the presence of supportive centers to provide support services and educational aids, and this is consistent with the results of the study of Al-Hazmi, (2009), which It showed that material needs ranked first according to their importance to parents, cognitive needs, and social needs.

Cognitive needs

Table 4: Arithmetic averages and standard deviations of the responses of the study members to the cognitive needs

No	The dimension	SMA	standard deviation	Rank	degree of need
2	I need to learn about special education programs on how to treat children with disabilities	3.81	1.26	1	High
5	I need to provide a database for the authorities concerned with caring for children with disabilities.	3.73	1.24	2	High
4	I need specialized programs on radio and television to change society's view of children with disabilities.	3.69	1.32	3	High
1	I need early intervention and prevention programs at home.	3.67	1.27	4	medium
3	I need information about the characteristics of children with disabilities from their mothers.	3.60	1.32	5	medium
Total Degree - Cognitive Needs		3.70	1.28	---	High

It is noted from the data of Table No. (4) that there is a high degree of need for cognitive services for families with disabilities in general, where the total arithmetic mean was (3.70)

with a standard deviation of (1.28), and at the level of the paragraphs of the dimension, the arithmetic averages ranged between (3.60-3.81), In the first degree, paragraph No. (2) came with an arithmetic mean (3.81) and a standard deviation (1.26) and states, "I need to know the special education programs in how to treat children with disabilities." And in the second degree, paragraph No. (5) came with an arithmetic average (3.73) and standard deviation (1.24) and states, "I need to provide a database for the parties concerned with caring for children with disabilities." Paragraph No. (3) came in the last degree in terms of need, with an arithmetic mean (3.60) and a standard deviation (1.32), and states, "I need information about the characteristics of children with disabilities from their mothers." This may be attributed to the need to provide a database for the entities working in The field of disability care for children with disabilities, and programs on radio and television to change the society's view of children with disabilities, early intervention and prevention programs at home, and the need for information about services available to mothers of children with disabilities in the city in which he lives.

The need for social support

Table 5: Arithmetic means and standard deviations of the responses of the study members to the need for social support

No	The dimension	SMA	standard deviation	Rank	degree of need
1	I need a consultant specializing in the field of disability, who can be contacted when needed	3.94	1.31	1	High
4	I need to gain cognitive skills about my son's rights.	3.92	1.34	2	High
2	I need guidance programs for different members of society on how to deal with mothers of children with disabilities.	3.81	1.38	3	High
5	I need opportunities to meet mothers of children with disabilities to exchange previous experiences	3.73	1.31	4	High
3	I need help from my relatives in taking care of my child with a disability, if any	3.57	1.48	5	medium
Total score - need for social support		3.79	1.36	---	High

It is noted from the data of Table No. (5) that there is a high degree of need for social support for families with disabilities in general, as the total arithmetic mean was (3.79) with a standard deviation of (1.36), and at the level of the dimension paragraphs, the arithmetic averages ranged between (3.57-3.94), In the first degree, paragraph No. (1) came with a mean of (3.94) and a standard deviation of (1.31), and it states, "I need a consultant specializing in the field of disability who is easy to contact when needed." In the second degree, paragraph No. (4) came with a mean of (3.92) and standard deviation (1.34) and states "I need to acquire cognitive skills about my son's rights". Paragraph No. (3) came in the last degree in terms of need with a mean of (3.57) and a standard deviation of (1.48), and it states "I need help from my relatives in caring for my child with disabilities, if any", as it was found through the study that mothers need the presence of A psychological counselor in special training schools for people with disabilities, and the presence of counseling programs prepared by specialists from

special education and a psychologist for mothers with disabilities, which indicates the need for mothers for social support in dealing with children with disabilities.

Results related to the second question: Are there statistically significant differences at the significance level ($\alpha \geq 0.05$) in the average degree of need for counseling services for mothers with disabilities in Kuwait due to (type of disability, and level of mother's education)? The arithmetic means and standard deviations of the degree of needs for counseling services for mothers with disabilities in Kuwait were extracted by: type of disability, and the mother's education level, and then a multivariate analysis of variance (MANCOVA) was performed as follows:

Differences according to the type of disability

Table 6: Arithmetic averages and standard deviations of the degree of need for counseling services for mothers with disabilities in Kuwait by type of disability

Type of Disability		financial support	Cognitive needs	social support	Total marks
autosomal	SMA	3.43	3.28	3.09	3.27
	number	29	29	29	29
	standard deviation	1.37	1.16	1.19	1.21
Mentality	SMA	3.98	4.00	3.95	4.03
	number	52	52	52	52
	standard deviation	0.83	0.83	0.90	0.71
audio-visual	SMA	3.86	3.60	3.56	3.69
	number	17	17	17	17
	standard deviation	1.34	1.44	1.53	1.37
total (total sample)	SMA	3.80	3.72	3.63	3.74
	number	98	98	98	98
	standard deviation	1.12	1.09	1.17	1.05

It is noted from the data in Table (6) that there are apparent differences in the arithmetic averages and standard deviations of the degree of need for counseling services according to the type of disability variable, which tends in favor of the mental disability, then the audio-visual disability, and in the third degree the physical disability for all areas and the total score. And to show the significance of the statistical differences between the arithmetic averages Covariance (1X5) analysis was used, and Table (7) shows the results.

Table 7: Results of multivariate analysis of variance (MANCOVA) to show the significance of the differences in the degree of need for counseling services according to the type of disability variable

Contrast source		sum of squares	degrees of freedom	mean squares	Calculated (F) value	Statistical significance	eta box
Type of Disability	Cognitive needs	130232799281.661	2	65116399640.831	4.265	0.017*	0.082
	financial support	67780475148.174	2	33890237574.087	2.010	0.140	0.041

	social support	182041171269.682	2	91020585634.841	5.255	0.007*	0.100
Total - the need for counseling services		137900627480.783	2	68950313740.392	4.927	0.009*	0.094
error	Cognitive needs	1450263499544.400	95	15265931574.152			
	financial support	1601635740441.360	95	16859323583.593			
	social support	1645460674667.240	95	17320638680.708			
Total - the need for counseling services		1329389813401.860	95	13993576983.177			
average total	Cognitive needs	1580496298826.060	97				
	financial support	1669416215589.540	97				
	social support	1827501845936.920	97				
Total - the need for counseling services		1467290440882.640	97				

* The differences are statistically significant at the level $(0.05 \geq \alpha)$.

It is evident from the results of the multivariate covariance analysis that there are statistically significant differences at the level $(0.05 \geq \alpha)$ in the degree of cognitive needs, the degree of need for social support, and the total degree due to the difference in the type of disability, as the calculated (P) values are statistically significant with values lower than the upper limit. Which is considered then there are statistically significant differences, which is the value (0.05). While the results of the multivariate covariance analysis did not show any differences in the need for material support due to the type of disability with statistical significance (0.140), which is higher than the upper limit at which there are statistically significant differences, which is the value (0.05).

In terms of the size of the effect, the values of the (eta) square indicate the average effect for all dimensions of needs and the total degree, where the values of the eta square ranged between (0.041-0.100). It is clear from the results of the multivariate covariance analysis that there are statistically significant differences in the degree of cognitive needs, the degree of need for social support, and the total degree due to the difference in the type of disability, while the results of the multivariate covariance analysis did not show any differences in the need for material support due to the type of disability.

The study showed the results of the Scheffe test that there are differences in the cognitive needs, social support and the total degree between physical and mental disabilities in favor of mental disability, and this can be attributed to the presence of significant effects of mental disability on the child and the family as it is one of the most types of disabilities that need care from the mother, and this is consistent with The results of the study (Al-Sayed, Al-Sabbati, Al-Hajeen, 2016). The results of the study revealed that there were statistically significant differences between family counseling services provided to families of the mentally handicapped, and those provided to families of the hearing handicapped, in favor of families of the mentally handicapped.

To test the significance of the differences in needs (cognitive, social support, and total score) between the three types of disabilities, Scheffe's test for post-tests was used:

Table 8: Scheffe test results for post-tests

The dimension	Disability type (A)	Disability type (B)	average difference	Statistical significance
Cognitive needs	autosomal	Mentality	- 0.711	*0.019
		audio-visual	- 0.309	0.636
social support	Mentality	audio-visual	0.402	0.395
		autosomal	- 0.853	*0.007
Total degree of needs	autosomal	audio-visual	- 0.463	0.410
		Mentality	0.389	0.463
	Mentality	audio-visual	- 0.742	*0.010
		audio-visual	- 0.404	0.433
	Mentality	audio-visual	0.338	0.487

* The differences are statistically significant at the level ($0.05 \geq \alpha$).

It is noted from the results of the Scheffe test that there are statistically significant differences in the cognitive needs, social support, and the total score between physical and mental disabilities in favor of mental disabilities.

Differences according to the level of education of the mother

Table 9: Arithmetic averages and standard deviations of the degree of need for counseling services for mothers with disabilities in Kuwait according to the mother's education level

mother's education level		financial support	Cognitive needs	social support	Total marks
less than secondary	SMA	3.40	3.30	3.20	3.33
	the number	28	28	28	28
	standard deviation	1.28	1.00	1.18	1.03
secondary	SMA	3.98	3.83	3.98	3.95
	the number	26	26	26	26
	standard deviation	0.80	0.92	1.08	0.79
Bachelor's degree	SMA	3.94	3.92	3.70	3.88
	the number	44	44	44	44
	standard deviation	1.14	1.19	1.16	1.14
total (total sample)	SMA	3.80	3.72	3.63	3.74
	the number	98	98	98	98
	standard deviation	1.12	1.09	1.17	1.05

It is noticed from the data in Table (9) that there are apparent differences in the arithmetic averages and standard deviations of the degree of need for counseling services, according to the variable number of the mother's education level.

To clarify the significance of the statistical differences between the arithmetic averages, the analysis of covariance (1X5) was used, and Table (10) shows the results.

Table 18: Results of multivariate analysis of variance (MANCOVA) to show the significance of differences in the degree of need for counseling services according to the variable of mother's education level

Contrast source		sum of squares	degrees of freedom	mean squares	Calculated (F) value	Statistical significance	eta box
mother's education level	Cognitive needs	88858938857.630	2	44429469428.815	2.830	0.064	0.056
	financial support	75623995171.288	2	37811997585.644	2.254	0.111	0.045
	social support	107658601036.761	2	53829300518.380	2.973	0.056	0.059
Total - the need for counseling services		83287977701.002	2	41643988850.501	2.859	0.062	0.057
The error	Cognitive needs	1491637359968.430	95	15701445894.405			
	financial support	1593792220418.250	95	16776760214.929			
	social support	1719843244900.160	95	18103613104.212			
Total - the need for counseling services		1384002463181.640	95	14568446980.859			
average total	Cognitive needs	20122250946316.000	98				
	financial support	21008762475209.500	98				
	social support	19524462840002.900	98				
Total - the need for counseling services		20272614105515.700	98				

*** The differences are statistically significant at the level $(0.05 \geq \alpha)$.**

It is clear from the results of the multivariate covariance analysis that there are no statistically significant differences at the level $(0.05 \geq \alpha)$ in the degree of cognitive needs, the degree of need for material support, the degree of need for social support, and the total degree due to the difference in the level of mother's education, as the calculated (P) values have a function Statistically with values lower than the upper limit at which it is considered that there are statistically significant differences, which is the value (0.05). In terms of the size of the effect, the values of the Eta square indicate the average effect size for all dimensions of needs and the total degree, where the Eta square values ranged between (0.043-0.059). It is clear from the results of the multivariate covariance analysis that there are no statistically significant differences in the degree of cognitive needs, the degree of need for material support, the degree of need for social support, and the total degree due to the difference in the mother's education level. Disability regardless of the level of education. This is consistent with the results of a study conducted by Al-Hadidi (2001) and the existence of statistically significant differences between

mothers' perception of the problems facing the family, and their characteristics represented by the mother's age, educational level and family income.

Recommendations: In light of the results of the study, it recommends the following:

- The study recommends the need to pay attention to preparing counseling programs for families on how to care for children with special needs.
- Conducting more studies related to the counseling needs of families with special needs in Kuwait, and studying the reasons for the poor availability of psychological counseling services needed by mothers.
- The study recommends increasing attention to the counseling needs of families with disabilities, especially material support, cognitive needs, and social support needs in Kuwait.
- Conducting counseling programs prepared by specialists for mothers of children with disabilities in care centers for children with special needs in Kuwait.
- Working to provide counseling services to families of people with special needs in centers for children with special needs in Kuwait.

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